

STUDENT HEALTH AND WELLNESS



Providing integrated, holistic services that help students to be healthy, be mindful, be active, be well, BE IOWA STATE.

UNIT IMPACT FISCAL YEAR 2021

Outreach/Presentations/Programs/Trainings287 events impacted 29,323 students

Collective Student Reach of the SH&W Departments80.26% of student body

RECREATION SERVICES



SERVICES

- Facilities
- Fitness Classes
- Intramural Sports
- Outdoor Recreation Program
- Sport Clubs

IMPACT

Facility Visits.....	447,068
Group Fitness Participants.....	2,790
Intramural Participants.....	4,458
Outdoor Recreation Participants	999

UNIQUE STUDENT REACH.....50.5%
PATRON SATISFACTION.....95%

STUDENT WELLNESS



SERVICES

- Peer to Peer Programs
- Power Based Violence Prevention (Green Dot)
- Collegiate Recovery Community
- Substance Use Prevention
- Suicide Prevention/Mental Health Promotion
- Dietitian/Joyful Eating Services
- Holistic Wellness Programs and Outreach
- Food Insecurity
- Sexual Health Promotion
- Screening and Brief Intervention Strategies

IMPACT

Peer to Peer Student Reach.....	2,098
Green Dot Participants	6,533
Nutrition Sessions	200
Food Insecurity	
SHOP Food Pantry Visitors.....	1,426
Pounds of Food.....	18,009
Collegiate Recovery Meetings/Attendance	258
Safer Sex Item Distribution	20,725
Screening and Brief Intervention	1,798

UNIQUE STUDENT REACH.....32.9%

STUDENT COUNSELING SERVICES



SERVICES

- Workshops
- Group Counseling
- Couples Counseling
- Individual Counseling
- Career Counseling
- Crisis Counseling
- Biofeedback
- Embedded Counselors
- RESPOND Training

IMPACT

Total Visits.....	8,342
Access Appointments.....	1,622
Clinical Services	5,003
Crisis Sessions	203
Group Services.....	1,514

UNIQUE STUDENT REACH.....3.4%
CLIENT SATISFACTION.....4.58/5.0

THIELEN STUDENT HEALTH CENTER



SERVICES

- Illness, Injury Care and Physical Exams
- Chronic or Ongoing Medical Conditions
- Lab and Radiology Services
- Mental Health Services
- Sexual and Reproductive Health
- Allergy and Travel Clinic
- Pharmacy
- Physical Therapy

IMPACT

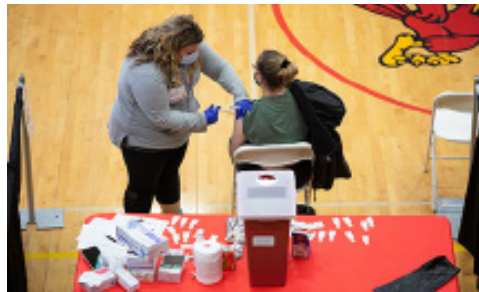
Total Patient Visits.....	34,197
Primary Care Visits	23,346
Mental Health Visits.....	4,676
Nurse Visits.....	2,789
Physical Therapy Visits.....	3,386
Lab Tests	195,801
Radiology Exams.....	1,140
Prescriptions Filled.....	25,694
Patient Portal Enrollments.....	598
Sliding Fee Adjustments	\$8,445
Phone Calls Answered.....	53,753

UNIQUE STUDENT REACH.....65%
PATIENT SATISFACTION.....4.71/5.0

STUDENT HEALTH AND WELLNESS COVID-19 RESPONSE

"It's about the people and will always be about the people at Iowa State," President Wendy Wintersteen said. "So many people came together and performed at an extraordinary level, and they did so for their love of the university, their care for each other and the collaborative culture we have at Iowa State."

FISCAL YEAR 2021



COVID TESTING

Faculty.....	421
Staff	1,840
Students.....	18,718
Total Unique Users who utilized COVID testing	20,979 (50.05%)
Total COVID Tests.....	59,474

MOVE-IN TESTING

Number of Days.....	12
Number Volunteers.....	176
Number of Tests	8,094
Noses Swabbed per Hour.....	72
Transports to Veterinary Diagnostic Lab.....	67
Biohazard Pickups	216
Gloves.....	16,000
Gowns and Masks.....	400
Derecho	1

CASE INVESTIGATION

University employees trained	131
Case investigations completed	4,012
Hours logged.....	2,006
Investigations completed for positive cases	99.1%

CONTACT TRACING

Close contacts recorded	6,500
Hours logged.....	1,083

QUARANTINE AND ISOLATION

Utilized Linden Hall (Isolation)	272
Utilized Oak-Elm (Quarantine).....	268

VACCINE CLINICS

Faculty and Staff Vaccinated.....	913
Students Vaccinated	5,899
Total Unique Users Vaccinated.....	6,812 (16.25%)
Total Vaccine Doses Given	12,007
Number of Support Staff.....	543

OTHER

Study abroad students returned	395
"Keep Community, Stay Informed, Be Well" initiative student interactions.....	65,000
Website visits to University COVID-19 Safety page	150,841